

RSE PROGRAMME:

10ú Eanáir 2017

Dear Parents,

As you are aware St. Attracta's Senior School runs the RSE (Relationships and Sexuality Education) programme in our school, as part of the wider SPHE curriculum (Social, Personal and Health Education). In 5th and 6th class we invite ACCORD in to the school to raise awareness and to educate the pupils on some of the topics. However, the class teachers cover all listed areas.

By way of information, we wish to remind parents of the topics we cover. Below are a selection of themes we are covering at different class levels. If you have any queries regarding the content of the programme please contact the school at: 01 2951627. **Please return the slip below to the class teacher by Friday 13th January 2017.**

3 rd class	4 th class
Special gifts	Myself and others
Sometimes friends fight	Bullying behaviour
My family	My family
Keeping safe	Reasons for rules
Expressing feelings	Feelings and emotions
Preparing for new life	The wonder of new life
Our senses	Being clean - keeping healthy
As I grow I change	Growing and changing
Making decisions	Problem solving
5 th class	6 th class
The person I am	Me and my aspirations
Different kinds of friends	Different kinds of love
My family	Families
Keeping safe	Keeping safe and healthy
Feelings and emotions	Feelings and emotions
My body grows and changes	Growing and changing
The wonder of new life	Relationships and new life
Caring for new life	A baby is a miracle
Making healthy decisions	Choices and decision making

Le gach dea-ghuí,

Muireann Máirtín, Príomh Oide

RSE PROGRAMME: I confirm that I have seen this note and am aware of its contents:

Pupil's Name: _____

Parent's Signature: _____ Date: _____